looking back to look forwards

you wo
always
where y
right n

1.

with the world in the middle of a go-slow,
now is a time to take a deep dive into the archives.

remind yourself of where you've been.

I've pulled out an old hard drive to see what's hiding in the digital dust.

there's years of photos documenting holidays, races, and a lot of things I'd forgotten happened.

a snapshot of this has been stitched together here—there's thousands of images left out.

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later on is a link to a few videos I've saved to look back at later.

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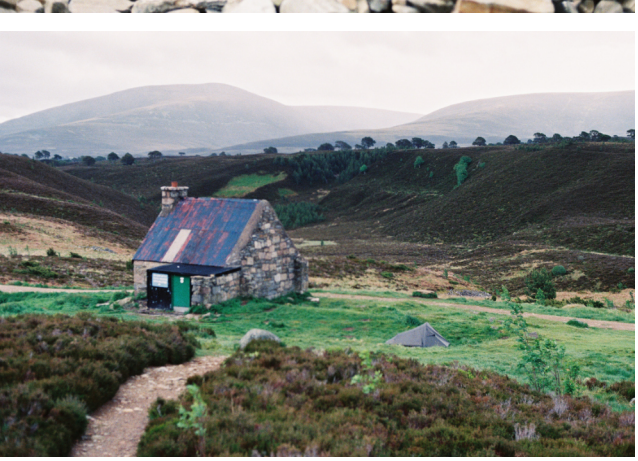
a trip down memory lane can be a lot of fun, and it can help focus you on where you're going.

downhill racers used to have some great pyjamas.

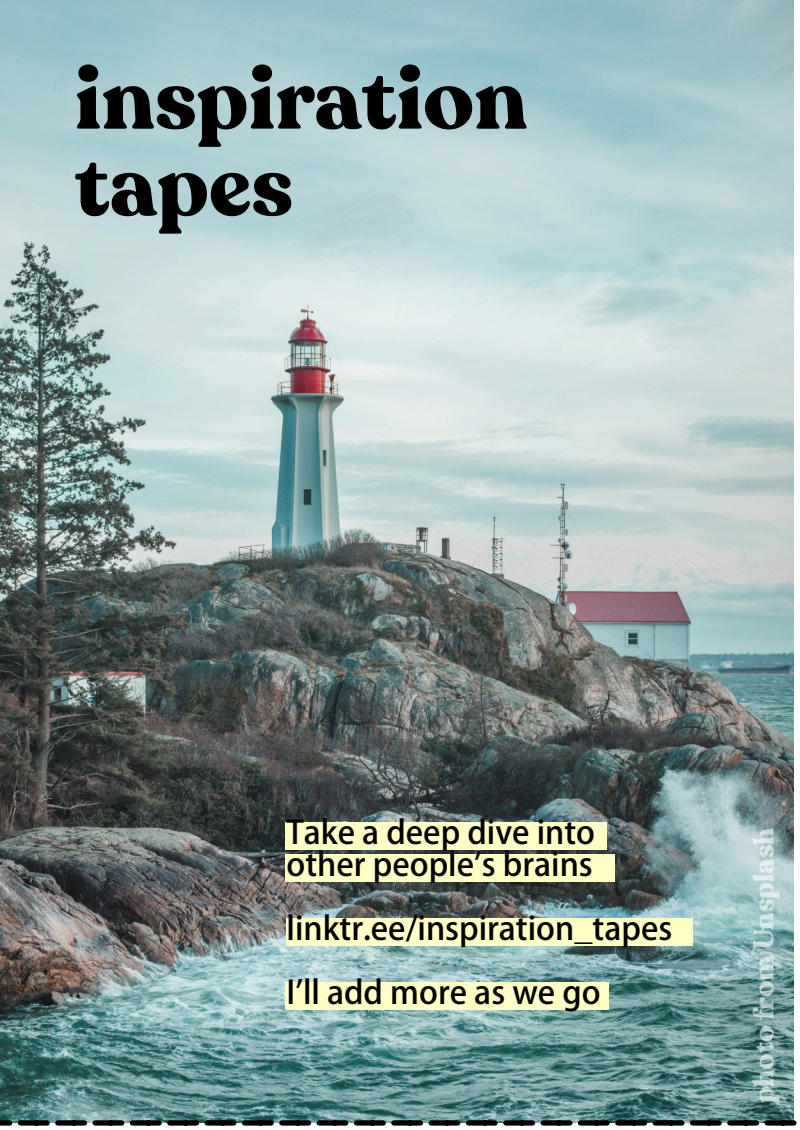
n't be you are ow

1: Forest of Dean back in the day
2: a hill behind Aviemore
3: the first American Football game I went to
4: pre coasteering in Pembrokeshire
5: the street outside my college dorm



2.

inspiration tapes



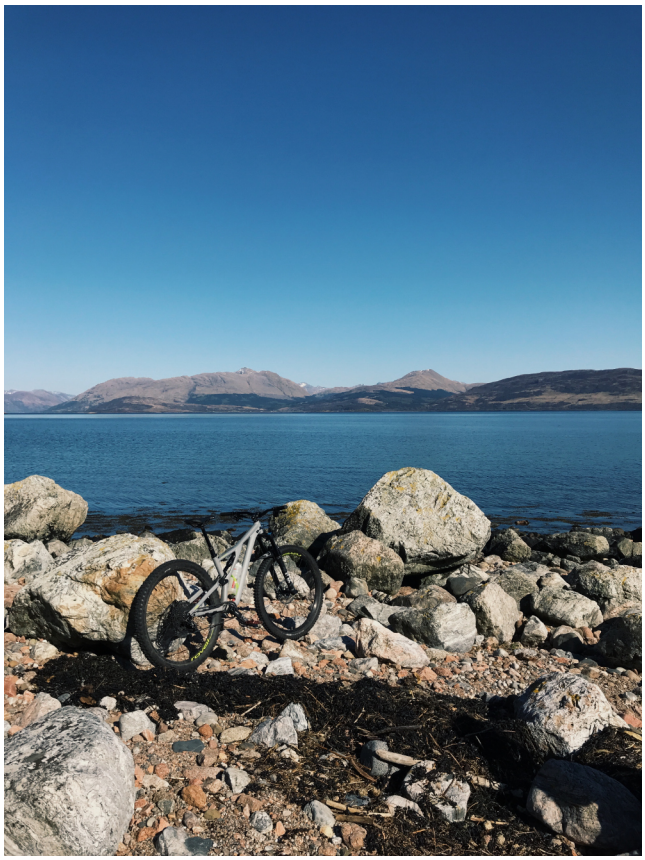
Take a deep dive into other people's brains

linktr.ee/inspiration_tapes

I'll add more as we go

photo from Unsplash

3.



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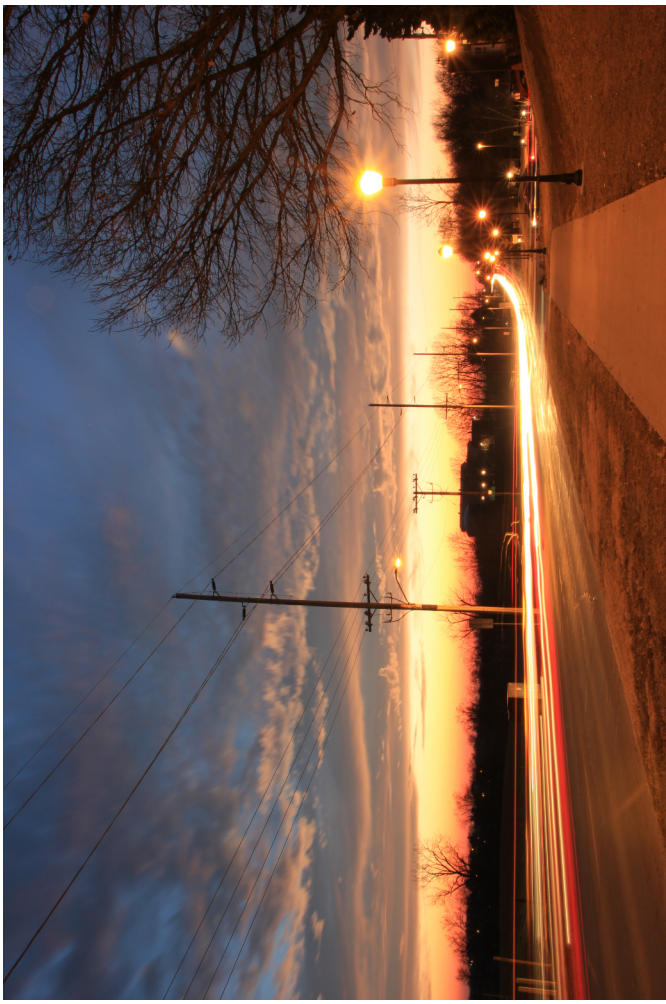

4.

staying safe & staying sane

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staying safe
vs
staying sane